

## Enea Physical Therapy + Wellness

### Physical Therapy Patient Information

Today's Date: \_\_\_/\_\_\_/\_\_\_

Patient Name: \_\_\_\_\_ Sex: \_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

If Minor, Parent or Legal Guardian Name: \_\_\_\_\_

Name of Insured (if not patient): \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_

Patient Mailing Address: \_\_\_\_\_ Height: \_\_\_ Weight: \_\_\_

City, State, Zip: \_\_\_\_\_ Social Security: \_\_\_/\_\_\_/\_\_\_

Phone (Home): \_\_\_\_\_ (Work): \_\_\_\_\_ (Cell): \_\_\_\_\_

Email Address: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Current Work Status: FT \_\_\_ PT \_\_\_ Restricted Duty \_\_\_ Retired \_\_\_ Out of Work (since? \_\_\_\_\_)

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Complaint/Injury: \_\_\_\_\_

Have you had Physical Therapy for any reason this year? Yes \_\_\_ No \_\_\_

If Yes, please explain: \_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

#### Accident Information (Please check one of the following)

1. Were you injured while at work? \_\_\_\_\_ Date of Injury: \_\_\_/\_\_\_/\_\_\_

Have you received prior treatment? \_\_\_\_\_ If yes, with whom: \_\_\_\_\_

Workman's Compensation Agent: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Claim Number: \_\_\_\_\_

Name of Attorney (if applicable): \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Dates out of work: \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_

**\*\*If this injury occurred at work, please complete the employer information above\*\***

2. Automobile accident? \_\_\_\_\_ Date of Accident: \_\_\_/\_\_\_/\_\_\_

Have you received prior treatment? \_\_\_\_\_ If Yes, name of physician: \_\_\_\_\_

Automobile Insurance Carrier: \_\_\_\_\_ Claim Number: \_\_\_\_\_

Name of Adjuster: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Attorney (if applicable): \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

State accident occurred in: \_\_\_\_\_ Who was at fault? \_\_\_\_\_

Dates out of work: \_\_\_/\_\_\_/\_\_\_ to \_\_\_/\_\_\_/\_\_\_

**PLEASE BE SURE TO PROVIDE ALL INFORMATION REGARDING YOUR INSURANCE COVERAGE, ESPECIALLY IF YOU ARE COVERED BY MORE THAN ONE POLICY. THANK YOU!**

## Enea Physical Therapy + Wellness

### Medical History Questionnaire

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason for today's visit: \_\_\_\_\_

Are you currently receiving any other care for this injury:  NO  YES \_\_\_\_\_

Have you had physical therapy for this condition before?  NO  YES \_\_\_\_\_

Have you had physical therapy for a different condition this year?  NO  YES \_\_\_\_\_

Could you be pregnant?  NO  YES

Is this a work related injury or due to a motor vehicle accident?  NO  YES \_\_\_\_\_

Do you currently have or have you had any of the following?		
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Thyroid Problem
<input type="checkbox"/> Osteoporosis	<input type="checkbox"/> Anemia	<input type="checkbox"/> Headaches
<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Hypersensitivity to Hot / Cold	<input type="checkbox"/> Head Injury / Concussion
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Swelling in Ankles	<input type="checkbox"/> Hernia
<input type="checkbox"/> Heart Attack	<input type="checkbox"/> Deep Vein Thrombosis (DVT)	<input type="checkbox"/> Kidney / Bladder Problem
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Seizures / Epilepsy	<input type="checkbox"/> Previous Fracture
<input type="checkbox"/> Vascular Disease	<input type="checkbox"/> Metal in Body / Surgical Implants	<input type="checkbox"/> Previous Surgeries
<input type="checkbox"/> Stroke	<input type="checkbox"/> Cancer / Tumor	<input type="checkbox"/> Hearing Loss
<input type="checkbox"/> Asthma	<input type="checkbox"/> Recent Weight Loss / Gain	<input type="checkbox"/> Depression
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Current Infection	<input type="checkbox"/> Anxiety
<input type="checkbox"/> Chronic Cough	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Substance Abuse
<input type="checkbox"/> Fainting Spells	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Other

If you checked off any of the above conditions, please describe and provide specific dates:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any allergies: \_\_\_\_\_

Please list any medications that you are currently taking: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

How would you rate your health (Please circle one): Excellent    Very Good    Fair    Poor

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

PATIENT NAME: \_\_\_\_\_ ID#: \_\_\_\_\_ DATE: \_\_\_\_\_

**Description:** This survey is meant to help us obtain information from our patients regarding their current levels of discomfort and capability. Please circle the answers below that best apply.

**LEFS – INITIAL VISIT**

**Please rate your pain level with activity:** NO PAIN = 0 1 2 3 4 5 6 7 8 9 10 = VERY SEVERE PAIN

	Extreme Difficulty or Unable to Perform Activity	Quite a Bit of Difficulty	Moderate Difficulty	A Little Bit of Difficulty	No Difficulty
1. Any of your usual work, housework or school activities	0	1	2	3	4
2. Your usual hobbies, recreational or sporting activities	0	1	2	3	4
3. Getting into or out of the bath	0	1	2	3	4
4. Walking between rooms	0	1	2	3	4
5. Putting on your shoes or socks	0	1	2	3	4
6. Squatting	0	1	2	3	4
7. Lifting an object, like a bag of groceries from the floor	0	1	2	3	4
8. Performing light activities around your home	0	1	2	3	4
9. Performing heavy activities around your home	0	1	2	3	4
10. Getting into or out of a car	0	1	2	3	4
11. Walking 2 blocks	0	1	2	3	4
12. Walking a mile	0	1	2	3	4
13. Going up or down 10 stairs (about 1 flight of stairs)	0	1	2	3	4
14. Standing for 1 hour	0	1	2	3	4
15. Sitting for 1 hour	0	1	2	3	4
16. Running on even ground	0	1	2	3	4
17. Running on uneven ground	0	1	2	3	4
18. Making sharp turns while running fast	0	1	2	3	4
19. Hopping	0	1	2	3	4
20. Rolling over in bed	0	1	2	3	4

Source: Binkley et al (1999): *The Lower Extremity Functional Scale (LEFS): Scale development, measurement properties, and clinical application. Physical Therapy. 79:371-383.*

Comorbidities:		<input type="checkbox"/> Cancer <input type="checkbox"/> Diabetes <input type="checkbox"/> Heart Condition <input type="checkbox"/> High Blood Pressure <input type="checkbox"/> Multiple Treatment Areas		<input type="checkbox"/> Neurological Disorders (e.g., Parkinson's, Muscular Dystrophy, Huntington's, CVA, Alzheimer's, TBI) <input type="checkbox"/> Obesity <input type="checkbox"/> Surgery for this Problem <input type="checkbox"/> Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia)		ICD Code: _____
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**ENEA Physical Therapy + Wellness  
Acknowledgement of Policies**

ENEA Physical Therapy + Wellness has the following office policies governing patient care. Please read each policy carefully and initial by each to signify your understanding and agreement to abide by these policies.

\_\_\_\_\_ **Appointment Scheduling:** We will strive to provide you with effective, efficient treatment and accommodate your needs to the best of our ability. To be fair to all patients, we ask for 24 Hours' notice for cancellations. If you are going to be late for your appointment, please call to let us know. Adherence to the recommended plan of care and consistency with appointment attendance is vital to your progress. Please make every effort to follow this plan. Lastly, if you miss more than 3 appointments without prior notification, we reserve the right to discontinue your therapy. **\*\*We also reserve the right to apply a cancellation fee in the amount of \$25.00 to your account for each cancellation without 24-hours' notice and for each "no show" appointment.\*\*** Thank You.

\_\_\_\_\_ **Consent for Treatment:** I voluntarily consent to physical therapy evaluation and treatment as prescribed by my attending physician or his/her designees as necessary under the direction of a registered physical therapist/physical therapist assistant. Further, I acknowledge that no guarantee has been made as to the results of such treatments.

\_\_\_\_\_ **Privacy Practices Acknowledgement:** We take your privacy very seriously, especially in matters that concern your personal health information. In accordance with the Health Insurance Portability and Accountability Act of 1996 (HIPAA), we are required to supply you with a copy of our privacy policies and procedures. We encourage you to read this document carefully, for it outlines the use and limitations of the disclosure of your health information and your patient rights. If you have questions about the use or dissemination of your personal health information, we would be happy to address them. By initialing this section, I, the undersigned acknowledge that a copy of ENEA Physical Therapy + Wellness's Notice of Privacy Practices for Protected Health Information has been made available to me.

\_\_\_\_\_ **Assignment of Benefits:** In consideration of agreement between ENEA Physical Therapy + Wellness and myself to provide me with physical therapy services, I hereby irrevocably assign to ENEA Physical Therapy + Wellness my right, title, and monetary interests in, and to all, insurance benefits which I may be entitled to. Assignment of such benefits is limited to the extent of the amount of cost of all services to me by ENEA Physical Therapy + Wellness. I hereby authorize all payment for services provided by ENEA Physical Therapy + Wellness that may be due upon receipt of claims or itemized statements for services rendered.

\_\_\_\_\_ **Billing/Information Release:** I authorize ENEA Physical Therapy + Wellness to furnish all necessary parties any information it may have regarding my condition while under observation or treatment deemed necessary to facilitate reimbursement for services rendered. I acknowledge that ENEA Physical Therapy + Wellness is duly authorized such rights in accordance with all federal and state confidentiality laws.

\_\_\_\_\_ **Responsibility of Payment:** I, the undersigned acknowledge full financial responsibility to ENEA Physical Therapy + Wellness for any and all charges not covered by my insurance policy. This includes Co-payments, deductibles, or charges that are denied by my insurance company.

**I certify that I have read, understand and agree to abide by all office policies listed above.**

Patient Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Name (Please Print) \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Name (Please Print): \_\_\_\_\_